



Event Title:	Guest Lecture on Garbha Sanskara
Event Category (Workshop/Guest Lecture /Seminar/Educational Visit etc.):	Guest Lecture
About Event (Minimum 200 Words):	<i>The Department of Prasuti Tantra Evam Stree Roga, Beehive Ayurved Medical College and Hospital, organised an informative and insightful guest lecture on “Garbha Sanskara” on 8th October 2026.</i> <i>The esteemed guest speaker for the session was Prof Dr. Anjali Jadhav, HOD, College of Ayurveda and Research Centre, Pune.</i> <i>The lecture highlighted the importance of Garbha Sanskara in promoting maternal well-being, healthy fetal development, and holistic prenatal care through Ayurvedic principles. The session focused on the significance of a healthy lifestyle, positive thoughts, a balanced diet, and mental well-being during pregnancy. The guest lecture provided valuable academic insights and enhanced students’ understanding of traditional Ayurvedic practices in antenatal care. It also encouraged students to explore the practical application of Ayurveda in promoting the physical, mental, and emotional health of both the mother and the developing fetus.</i> <i>The session was informative and beneficial, helping students strengthen their theoretical knowledge and develop a deeper understanding of the role of Garbha Sanskara in maternal and fetal health.</i>
Aim of the Event (Min 5 Points):	<i>To promote awareness about garbhasanskara</i> <i>To promote holistic maternal and fetal well-being.</i> <i>To highlight Ayurvedic principles of prenatal care.</i> <i>To enhance students’ academic and clinical knowledge.</i> <i>To encourage the application of Ayurveda in antenatal care.</i>



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Highlights of Events:	• <i>Ayurvedic approach to holistic prenatal care.</i> • <i>Importance of Garbha Sanskara during pregnancy.</i> • <i>Role of maternal diet, lifestyle, and emotional well-being.</i>	
Speakers of the Event (Name, Mail-ID, Designation, Organization Name, Photographs, Resume):	Prof. Dr. Anjali Jadhav	
	E-Mail ID-	
	Designation & Experience	HOD, 35 Years
	Organization-	College of Ayurveda and Research Centre, Pune
Department Name (Full Name):	Department of Prasuti Tantra Evam Stree Roga.	
Course Name (Participates):	Assistant Director, Principal, Vice Principal, Faculty Members BAMS Students	
Date Time & Venue of the Events:	Date: 8th October 2026 Time: 2:00 PM to 3:00 PM Venue: Beehive Ayurved Medical College and Hospital, Dehradun.	
Event Coordinator & Organizing Team Members:	Event Coordinator: Dr. Neha Pundir, Vice Principal. • Organising team members: Dr. Jyoti Arora, Assistant Professor, Department of Prasuti Tantra Evam Stree Rog • Anchoring: Anjali and Stuti (BAMS Students) • Vote of thanks: Dr Joshiya (INTERN)	
Content of the Event Guest Lecture, (Workshop, Seminar):	1.Welcome Speech by Students 2.Dhanvantari Vandana by students & Ceremonial Lamp Lighting by guest speaker , assistant director , principal , vice principal 3.Felicitatation of the Guest Speaker by the Assistant Director & Principal 4.Introduction of the Guest Speaker - Dr Jyoti Arora Assistant Professor Dept. of Prasuti Tantra Evam Stree Roga 5.Presentation of the Certificate of Appreciation to Prof Dr. Anjali Jadhav by the Assistant Director & Principal. 6.Guest Lecture on "Garbha Sanskar" by Prof Dr. Anjali Jadhav 7.Vote of Thanks - Dr Joshiya (Intern) The guest lecture focused on the concept of Garbha Sanskar, its importance during pregnancy, maternal nutrition, lifestyle, emotional well-being, and the relevance of Ayurvedic principles in modern antenatal care.	
Contact Person:	Name: Ms. Jyoti Arora Designation: Assistant Professor Department: Prasuti Tantra Evam Stree Roga.	